

BAHASA INGGERIS (PENULISAN) TAHUN 5

PBS 1

NAME :

MARKS : _____ / 100


CLASS :

DATE : 6th April 2017

TIME : 1 hour 15 minutes

SECTION A [10 marks]

Read the notes below and use the information to complete the text.

	<ul style="list-style-type: none">• Xin Yi's	Self <ul style="list-style-type: none">◇ messy and unorganized - wants to change◇ clean room - every week
	<ul style="list-style-type: none">• New Year resolution - year 2017	Mother <ul style="list-style-type: none">◇ appreciate more - be thankful, listen better◇ housework - help◇ is often tired
	Hope <ul style="list-style-type: none">• hopes to be a better person	Peer pressure <ul style="list-style-type: none">◇ won't follow bad examples - same friends

Based on the notes, complete the text below with the correct information.

Last night, Xin Yi had written an important thing in her diary. It was her

(1) _____ . For her self-improvement,

she wants to change her messy and unorganised behaviour by starting

(2) _____ . She also wants to appreciate

her mother more by (3) _____ .

Xin Yi has decided to help her mother do the housework because she noticed lately

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(4) _____ . About friends, she has decided to (5) _____ bad examples shown by some of her friends. She hopes to be a better person in 2017.

SECTION B [15 marks]

B (i) Read the information and answer the following question in the space provided.

Healthy Habits

for Healthy Kids

△ STAY FIT

Get about eight hours of sleep every day

Exercise regularly - run, jog, skip, stretch & play

△ STAY HEALTHY

Practise good hygiene by keeping yourself clean and germ free

△ STAY ENERGISED

Eat nutritious meals and snacks daily

Include foods from these groups : dairy products, grains, protein, vegetables and fruit

△ STAY SAFE

Wear proper gear when playing sport or riding a bicycle

Obey the safety rules

△ STAY HAPPY

Make good choices every day for a happier you





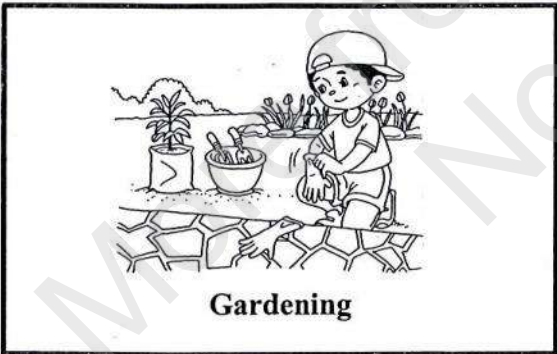
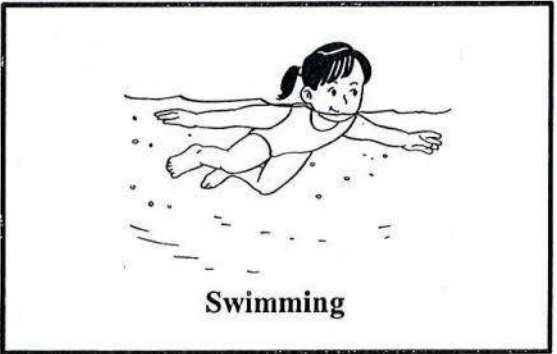
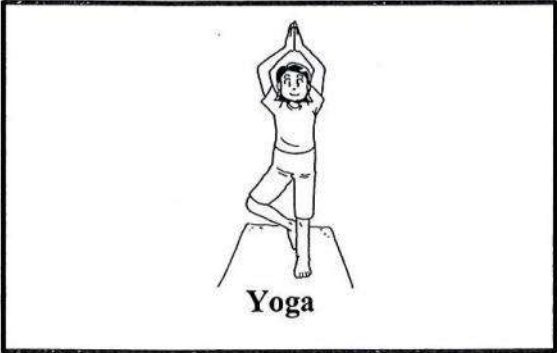
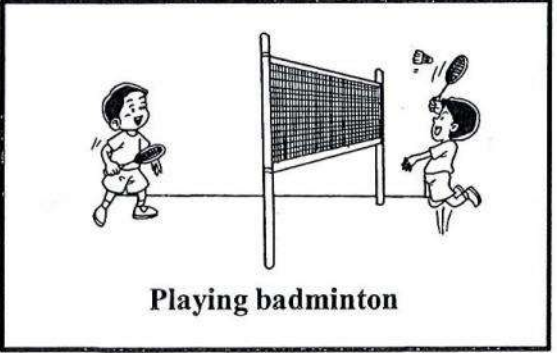
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List **three** habits that you will adopt for a healthy lifestyle.

- i. _____
- ii. _____
- iii. _____

(3 marks)

B (ii) Your friend in Sarawak is interested to take up a new hobby to stay healthy. Write a letter to him/her and suggest at least **three** interesting activities that he/she can take up as a hobby. Write your answer between 40 and 70 words.

 <p>Cycling</p>	 <p>Jogging</p>
 <p>Gardening</p>	 <p>Swimming</p>
 <p>Yoga</p>	 <p>Playing badminton</p>

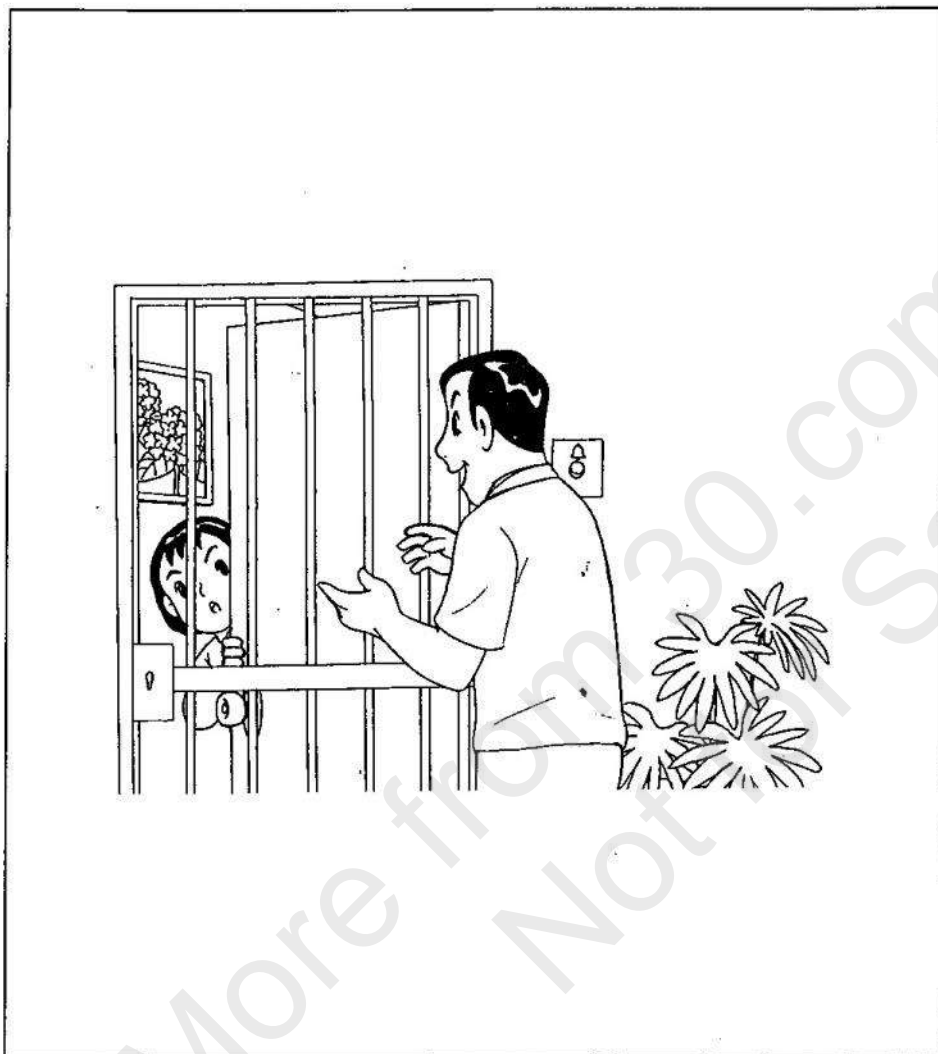
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SECTION C [25 marks]

This section consists of two questions. Answer **one question** only.

Question 1

Write a story based on the picture below. You **may** use the words given to help you. Write your answer in the space provided. Write your story **between 70 and 90 words**.



- television
- doorbell
- stranger
- door grille
- salesman
- persuaded
- suspicious
- refused
- returned
- ran away

Begin your story with:

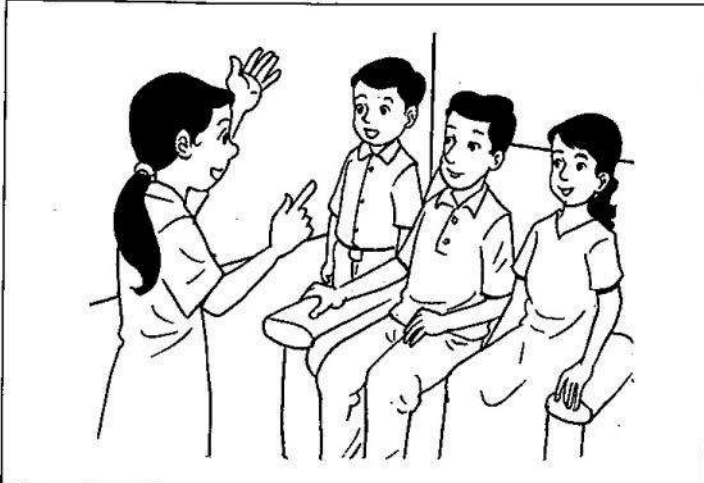
One day, Zhiyu was home alone. Her mother ...

OR

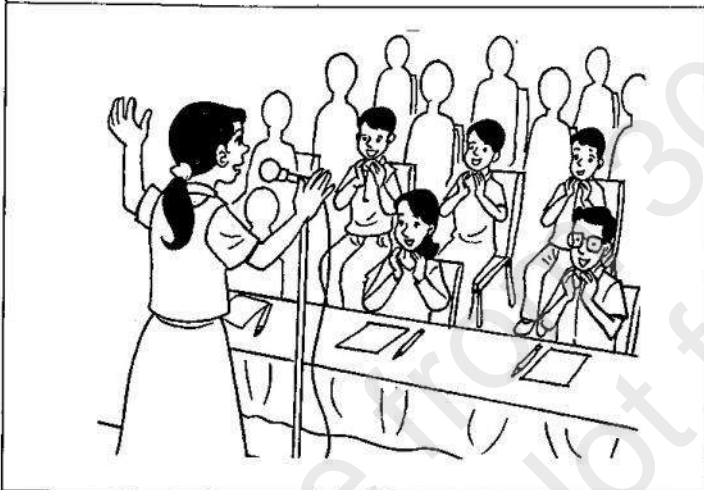
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Question 2

Write a story based on the pictures below. You may use the words given to help you. Write your answer in the space provided. Write your story between 70 and 90 words.



- chosen - represent - storytelling -
practised - teacher and family



- competition - prepared - confident -
performed - applause



- judges - impressed - performance -
first place - trophy

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